16 WHITLINGHAM ■ Caistor St Edmund ■ Framingham ■ Bramerton

Distance: 15.5 miles (25 km) ■ **Time:** 3 hours

1 **Whitlingham Country Park** has two new Broads, excavated during the 1990s, and areas of woodland and parkland. Facilities for watersports, fishing, cycling and walking. Refreshments in the Barn café and a tourist information centre.

2 **Venta Icenorum** is a former Roman administration centre built around AD70 and an important Roman establishment for more than 300 years. Nearby, the Caister Hall Hotel serves refreshments with ample space for bike parking.

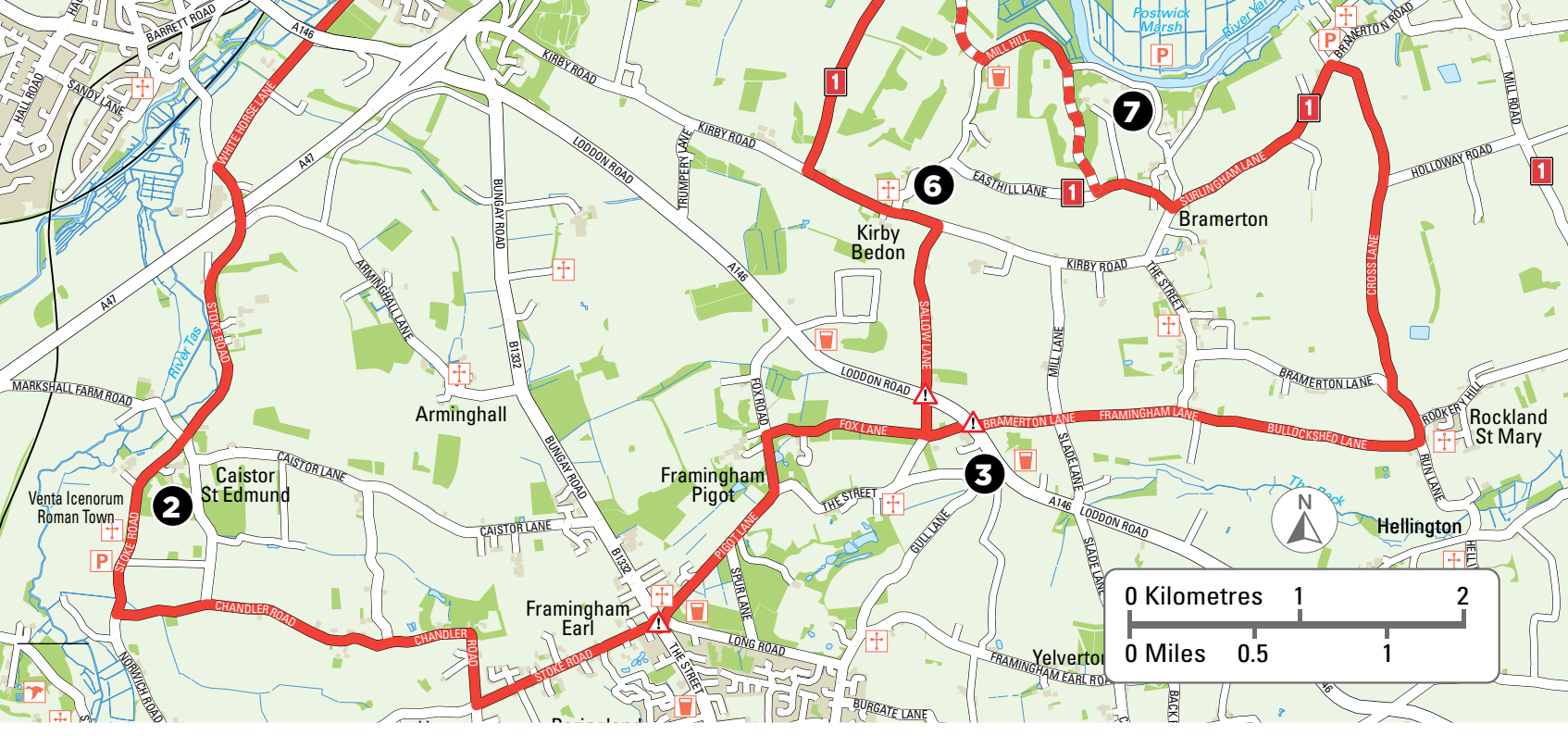
3 **Railway Inn** – where are the trains? The pub gets its name from a railway planned in the 1870s but never built. Hot food and snacks available.

4 The Ferry House at **Surlingham** has stood by the River Yare for nearly 200 years where there used to be a ferry across the river. No ferry exists today but there are great views of the river which make it a worthwhile detour.

5 **Surlingham Marsh Nature Reserve** is managed by the Royal Society for the Protection of Birds and is made up of reed and sedge fen, willow carr, dykes and open water. See marsh harriers, reed warblers and bearded tits.

6 St Mary's Church, **Kirby Bedon,** has a ruined tower that dominates the view; opposite stands All Saints Church, restored in 1870.

7 **The Woods End** pub was rebuilt in 1875 and provides stunning views of the Yare to the Postwick Marshes where large numbers of ducks and geese feed in the winter.



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