3 CLIPPESBY ■ Thurne ■ Fleggburgh ■ Filby Broad

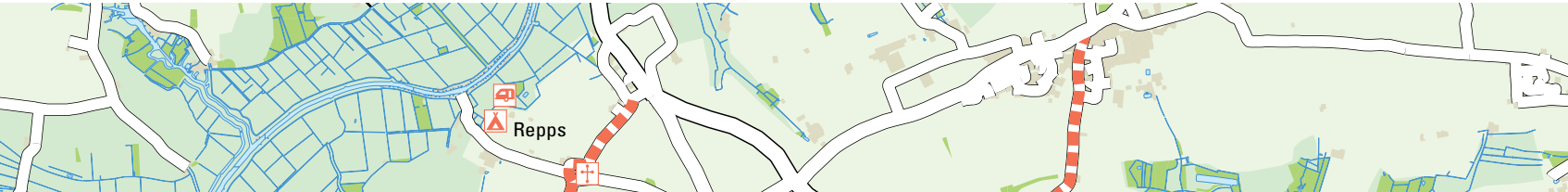
Distance: 9.5 miles (15.2 km) ■ **Time:** 1.5 hours

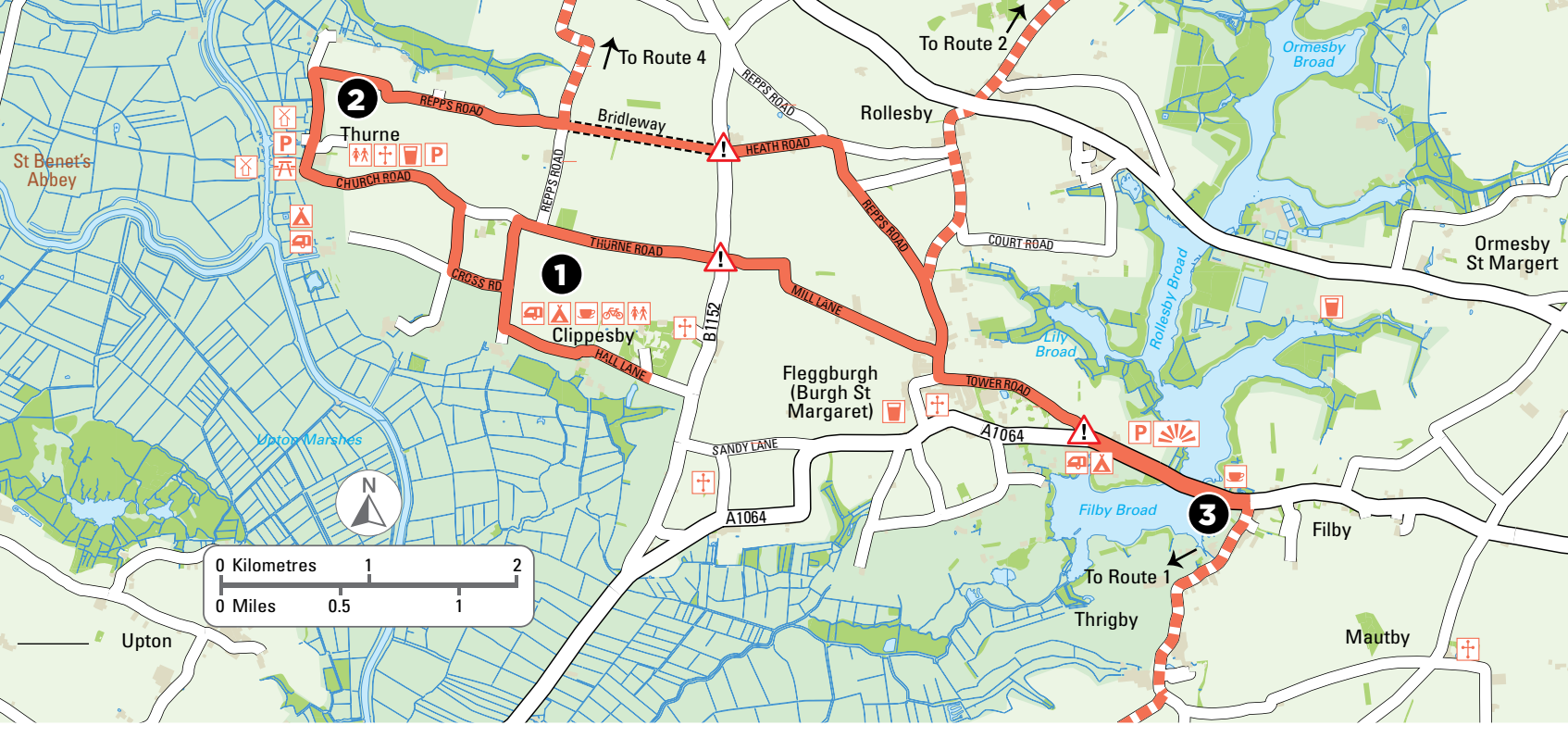
Fleggburgh - this whole area is known as “Flegg Island” because it was an island in Roman times when sea levels were much higher and a wide estuary covered the land to the west.

1 **Clippesby Hall Holiday Park** – cycle hire centre; coffee shop. Call 01493 367800 for opening times.

2 **Thurne** is a small riverside village. A short walk along the dyke leads to a restored mill and river views Just outside the village is the church of St Edmund, King and Martyr. The 13th century tower has a “squint hole” which may have been used to send messages to St Benet’s Abbey.

3 **Filby Broad** (right) is one of the Trinity Broads which are not connected to the river system and are used as storage reservoirs by Essex and Suffolk Water. There is a boardwalk and bird hide on the north side of the broad.





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